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**ORAL SEDATION INFORMATION AND CONSENT FORM**

**Triazolam (halcyon)**, although usually prescribed as a sleeping pill, is a medication that can greatly minimize anxiety that may be associated with going to the dentist. In a relaxed state, you will still be able to communicate with the dentist while treatment is being performed. Even though it is safe, effective and wears off rapidly after the dental visit, you should be aware of some important precautions and considerations.

**1.** The onset of **Triazolam** is 15 to 30 minutes. **Do not drive** after you have taken the medication. The Peak effect occurs between 1 and 2 hours. After that, it starts wearing off and most people feel normal after 6 to 8 hours. **For safety reasons and because people react differently, you should not drive or operate machinery the remainder of the day.** Wait until tomorrow.

**2.** This medication should **not** be used if:

- You are hypersensitive to benzodiazepines (Valium, Ativan, Versed, Etc.)
- You are pregnant or breast feeding
- You have liver or kidney disease

**Tell the doctor if you are taking the following medications as they can adversely interact with Triazolam:** *nefazodone (Serzone); cimetidine (Tagamet, Tagamet HB, Novocimetine, or Peptol); levodopa (Dopar or Larodopa) for Parkinson's disease; antihistamines (such as benedryl and travist); verapamil (calan); diltiazem (cardizem); erythromycin and the azole antimycotics (nizoral, biacin, or sporanox); HIV drugs indinavir and nelfinovir; and alcohol. Of course taking recreational/illicit drugs can also cause untold reactions.*

**3. Side effects** may include light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea. In some people, oral Triazolam may not work as desired.

**4.** You should not eat heavily prior to your appointment. You may take the medication with a small amount of food, such as juice, toast etc. Taking it with too much food can make absorption into your system unpredictable. You should avoid drinking grapefruit juice while taking this medication.

**5.** Nitrous oxide may be used in conjunction with Triazolam and local anesthetic.

**6.** When at home, lie down with your head slightly elevated. Someone should stay with you for the next several hours because of possible disorientation and possible injury from falling. **An escort is required to bring you to the appointment and to take you home.**

I understand these considerations and am willing to abide by the conditions stated above.  
I have had an opportunity to ask questions and have had them answered to my satisfaction.  
**I have been made aware there is a \$80 sedation fee for providing care to me while sedated.**

Patient \_\_\_\_\_ Date \_\_\_\_\_ Guardian \_\_\_\_\_